

Broomhill Sports & Healthy Lifestyles Newsletter

Autumn Term
December 2024



PE at Broomhill



Half Term 1 for Red/Orange base was Intro to PE Units 1 while Green, Yellow & Blue had Ball Skills & Fundamentals where we practised skills such as throwing, jumping and dribbling. During half term 2 we all had PE indoor with Gymnastics. We have enjoyed learning our shapes, jumps, rolls, balance and using the apparatus!



There are lots of gymnastics opportunities around Sheffield. Faye coaches at a gymnastics club not too far away, here is the info to get involved



outside of school.. <https://www.sheffieldworkshop-gymnastics.co.uk/>

After School Sport Clubs

At Broomhill we offer Wednesday sport clubs throughout the year which cover a range of sports in 4 week blocks to ensure as many children get the opportunity to take part.

This Autumn term we have had Y1/2 basketball, Y1/2 gymnastics and Y1/2 Football.

The Foundation children also got a taster of our Wednesday sports clubs with our gymnastics club. Throughout the year there are also lots of other opportunities that outside providers deliver to get involved with such as Martial Arts club. Keep an eye out for clubs next half term.

Gold Sports Mark

At the start of the year Mr Clarke attended the annual Sheffield PE conference and received the KS1 Sheffield Gold Sports Mark for our dedication to the development of PE and School Sport in 2023-2024.



Bikeability

On the 21st & 22nd of October we had bikeability in school for 2 whole days where all children got to practise their balance bike skills. We saw some amazing skills & great improvements throughout the sessions. The children really enjoyed the fun activities such as the obstacle courses on their bikes.



Y2 Sports Leaders

This year's Year 2 Sports Leaders have been chosen and have been helping lead active brain breaks. They will be starting their training with Faye on Wednesdays in Spring 1 learning lots of fun games they can take out onto the yard at break and lunch times to teach the rest of the school aiming to keep everyone active and engaged at play times.

Thankyou Kitlocker

We would like to thank Kitlocker once again for their generous donations of sports equipment this half term. The children are enjoying using their new football nets outside on the yard in playtimes, PE lessons and after school club sessions.

Spring Term

What to look forward to in Spring Term:

- PE topics for Red/orange Base children will be Dance & Fundamentals Units 1. Yellow, Green & Blue will take part in Dance, and Fitness across the spring term.
 - Wednesday sports after school clubs such as dodgeball.
- We hope to get some children out to some sporting events in the community when the opportunities arise.

Have a great 'active' Christmas & New Year!